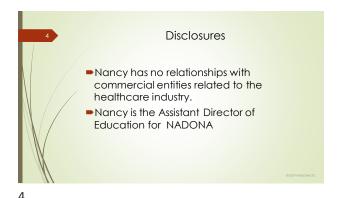




## Contact Hour Accreditation This CNE activity has been provided by Ohio Nurses Association Learners must attend the entire session (live presentation or 11 webinars) and receive a passing post-test with a score of at least 80% in order to receive a certificate of contact hours. There is no conflict of interest for anyone with the ability to control content of this activity. This nursing continuing professional development activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) Approval Valid through June 1, 2024



Objectives

The participant will be able to
 List 5 steps to implementing the QAPI program in a SNF
 List 3 types of metrics to review
 Relate process and outcomes needed to sustain the QAPI program
 Describe the 4 components of PDSA
 Describe the 4 elements in the PIP process

Regulations

F 865 Quality assurance and performance improvement (QAPI) program. QAPI Plan

F 866 Program feedback, data systems and monitoring.

F 867 Program systematic analysis and systemic action.

F 868 Quality assessment and assurance. (Committee)

SEE HANDOUT (F TAGS associated with QAPI)

FOCUS
ON
Quality

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### F TAGS associated with OAPI

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### F866-Program Feedback, Systems, and Monitoring

- Develop policies and procedures related to how the feedback and data will be collected and monitored.
- Use feedback provided by stakeholders, including direct care staff, residents and resident representatives.
- Identify high risk areas or problems.
- How the data will be maintained from all departments and used for performance indicators, including the Facility Assessment.
- How the performance improvement activities will be monitored and evaluated, including the method and frequency, to ensure sustainability.
- How the facility will use adverse events to develop activities to prevent in the future.

8



### F867-Program Systematic Analysis and Systemic Action

- How a systematic approach will be used to determine the underlying causes of problems that impact larger systems.
- How corrective action plans will be developed to effect change at the systems level to prevent problems related to quality of care, quality of life, or safety.
- Focus on high- risk, high -volume problem-prone areas.
- Include outcomes that focus on resident autonomy and choice.
- One PIP must include the facility's services through the Facility Assessment and another PIP must include a high-risk or problem-prone area that has been identified by the data collection.



## Clinical Decision Making is Fueled by QAPI Performance Improvement drives decision making Promotes Excellence in Quality of Care, Quality of Life and Person-Directed Care and Service Navigating this process gives you a starting point, an ending point and most importantly a system and process to follow in the day- to- day operations

11

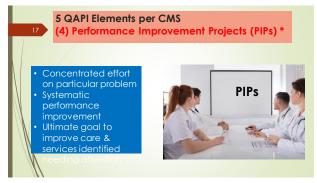
## Your Role & Duties as the DON in the QAPI Process Role Develop, maintain and periodically update written policies and procedures that govern the day- to-day functions of the Nursing Service Department Develop, maintain and periodically update the <u>Nursing Service Policy</u> and Procedures Manual and nursing service objectives and philosophies Develop methods for <u>coordinating nursing services</u> with other resident services to ensure continuity of the resident's total regiment of care Duties Develop, maintain and periodically update written job descriptions for each level of nursing personnel Maintain a reference library, of written materials (FDR, SOM, Stop and Watch, AMDA guides) that will ask the Nursing Service Department in meeting the day to day needs of the resident Develop, implement and maintain and ongoing <u>QAPI Program</u> for the Nursing Service Department













QAPI is the merger of 2 approaches to quality.

QAP is a process of meeting quality standards and assuring that care reaches an acceptable level, hopefully beyond regulatory requirements. QA is a reactive, retrospective examination.

PII - is a proactive and continuous study of processes to identify areas of opportunity and new approaches to fix underlying causes of persistent or systemic problems, for better health care delivery and resident quality of life.

Both are data driven approaches to improving the quality of life, care and services in nursing homes, involving members at all levels of the organization.

Before QAPI was introduced we used to just report the data.

Source: CMS

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### 7 Components of QAPI Forming a team – having the right people on the team is critical to the success of the improvement effort Who are your right people Can you identify your clinical staff visionary, your educator and who are your workers? How will you pay for their time? Setting Goals – the goal should be time specific and measurable. It defines the resident population and or system that will be affected What are your goals Think in terms of time and measure Get specific – Falls with Major Injury, Reduction in Urinary Tract Infection and Reduction in 30 day Readmission to Hospital Establish Measures – Determine specific guidelines to be able to ascertain if the change leads to an improvement I clentify quantitative measures to determine if change leads to improvement Focus on Reduction of Falls, Urinary Tract Infection and Readmission to Hospitals within first 30 days of discharge from hospital

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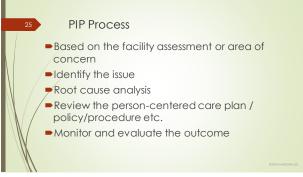
### 7 Components of QAPI cont. Selecting Changes – Ideas come from many sources such as staff, change concepts, creative thinking or borrowed from others successful experiences Look at current clinical standard of practice and regulatory history Festing Changes – PDSA is a way to test the change by planning it, trying it, observing it and acting on what was learned. Implementing Changes – Once the pilot testing has gone through the PSDA process I – multiple times and revised it is time to take it to a broader scale Let the team direct the change based on initial focus group outcomes Plan-Do Study-Act again Spreading Changes – Once the implementation has been deemed successful it can be taken to the entire organization or where it is needed Culture Change Update Policy and Procedure Educate Current Staff and develop orientation education Time and Place

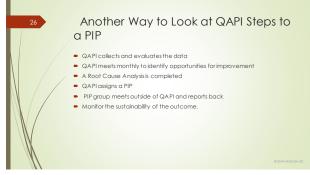


## QAPI committee – collects and reviews data from many sources (QMs, Satisfaction surveys, Infection data, rehospitalizations etc.). QAPI Meets monthly – to identify areas of opportunity based on the eval of data QAPI assigns Performance Improvement Project (PIP) team to an opportunity PIP team does a root cause analysis (RCA) (5 WHYS) PIP team meets often between meetings initiating the PDSA process and reports back to the QAPI The QAPI then reviews and makes accommendations for further PDSA work or to enlarge the scope

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# Performance Improvement Plan A PIP is implemented when a problem is identified PIP systematically gathers information to clarify issues and intervene improvement Recommendations can be made to reinforce and expand identified positive approaches and outcomes New quality indicators should be developed to measure improvement





# PIP Scenario During a monthly QAPI meeting it was discovered that there was a pattern of unexplained weight loss over the past 2 months. The discussion revealed that there had been an increase in uneaten food and also in the use of supplements. A PIP was formed. It included a CNA, Charge nurse, SW, Dietician and a NP. Roof Cause analysis was completed No process existed for identifying and addressing risks for weight loss such as dental condition, diagnosis, or used of appetite suppressing medicarions: No system wested to ensure resident preferences are honored; Staff locked an understanding of how to document food intake percent ages; and Residents reported the food was not appetizing.

### Potential Interventions \*

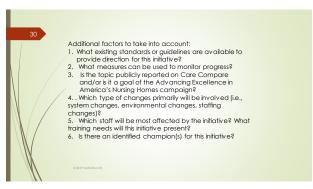
- Development of a protocol for identifying residents at risk for weight loss to be done on admission and with each care plan. This protocol included a review of medications (appetite suppressants), new diagnoses, and resident assessments, including dental issues;
- Development of standing orders for residents identified as "at risk" for weight loss. These would include bi-weekly weights, referral to attending physician and dietitian for assessment, and documentation of meal percentages;
- Development of a new program for CNAs to be "Food Plan Leads" for at risk riskidents. The program would include identification of food preferences and accurate documentation of meals laminated badge cards with pictures of meal percentages were distributed to all CNAs; and
- Revision of the menu to focus on favorite foods, adding finger foods and increasing choices outside of mealtimes.

Monitoring to show the PIP was sustained and results reported to QAPI.

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Process Improvement Example

Traditional

End of shift report discussion of everything that occurs in the past eight hours

Discussion of tasks not done
Share misc. information about events of the facility

Transitional

Focus on Person centered needs of the resident
Assign staff to Assess and evaluate interventions provided to resident

Communicate to Care Partners needs of the residents and obtain actionable directives

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### **ADHOCS**

- Ad Hoc committee formed to consider a specific, urgent matter.
   Latin for, for this purpose.
- As issues come up in between QAPI meetings ADHOC committees are used to figure out the issue.
  - Example: Family member complained to DON that mother wasn't being positioned as requested.
  - DON formed a ADHOC committee comprised of Nurse manager, Med nurse and aides from 2 shifts to resolve this concern
  - ADHOC met and did a root cause analysis as to why this was occurring
  - Once the root cause was determined a plan was determined
  - ■The plan was put into place

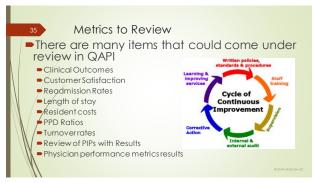
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### AD HOC Cont.

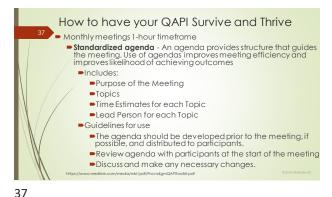
- The family member was informed both of the plan and the auditing process. She was informed as to what and who to report to if the plan wasn't working.
- Auditing was done and the issue continued. The committee met again and reevaluated the plan. Changes were made and implemented.
- Auditing began again and results indicated plan was working
- Family member was contacted and was in agreement that the plan was working
- The plan remained and ADHOC plan and results were reported to the QAPI

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Monthly Meetings cont.

Ground Rules - Ground rules are agreements about acceptable and unacceptable individual and group behaviors. The purpose of ground rules is to limit distraction and help keep members focused

Examples

Start and end meetings on time

Minimize interruptions - turn off all cell phones and pagers

Listen constructively

Keep an open mind

Critique ideas, not people

Maintain communication courtesy

one person speaks at a time

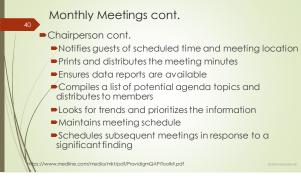
Share responsibilities

Have fun

Celebrate success

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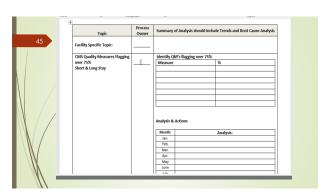


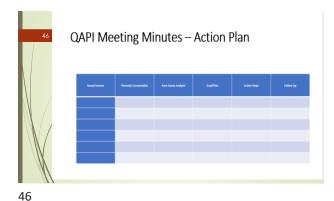


## Monthly Meetings cont. 12 Timekeeper Reeps accurate track of time during meeting Alerts when the time allotted for an agenda topic is almost up so the group can decide whether to keep discussing or move on Assists the group to manage time effectively Recorder (Note taker) Writes updates on the Meeting Minutes as directed by the team discussion and input Condenses discussion points when possible Verifies that ideas and information is written accurately Summarizes discussions in complete sentences Gets input from group on wording of needs, preference, problems, goals and interventions https://www.medine.com/media/mkl/pdi/frov/dgmfa/Pficokit.pdf









PDSA process

There are different methods that can be used to work through an issue

PDSA is one that is widely used

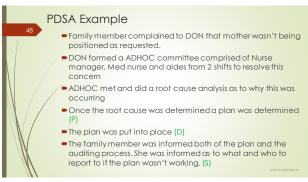
Plan a change

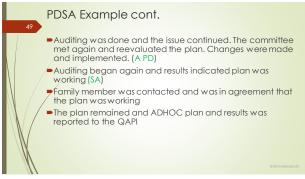
Do it (in a pilot)

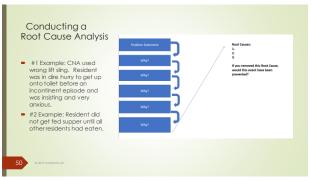
Study to see if it is working

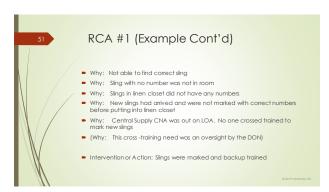
Act – continue if working or revise

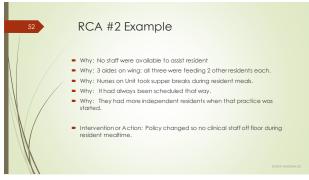
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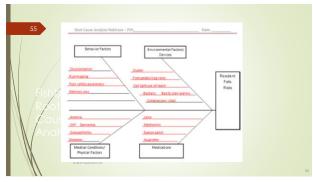


















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