

MI-NADONA/LTC presents the annual 2019 program:

# RN BOOT CAMP



Jointly-Provided by



MARCH 26-27, 2019 | CROWNE PLAZA | LANSING, MI

## RN Boot Camp: Intense Clinical Training for Nurse Leaders

You can't afford to miss this opportunity to train your next wave of nurse leaders

This nursing leadership intensive will provide Directors of Nursing and Nurse Managers in the post-acute care environment with education on how to prioritize, delegate, and promote critical thinking and effective decision making as a nurse leader. Nurse participants will have the opportunity to analyze reports and consider case studies to identify areas

for improvement and develop strategic plans to assure quality and improvements for optimal resident outcomes. Nurse participants will be empowered with the tools and resources needed to be successful nursing leaders and will come away with an increased confidence and improved job performance and personal satisfaction.

### SPECIAL OFFER

MI-NADONA/LTC is hosting a workforce seminar on March 25 at the same venue. Any RN Boot Camp registrant who adds on registration to the workforce seminar will receive a special reduced rate for that program of \$160. Why not send your nurses for three days of intensive training all at once?!

### Lodging Reservations

MI-NADONA/LTC has reserved a block of rooms at the rate of \$135+/-/night at the Crowne Plaza Lansing West located at 925 S Creyts Rd, Lansing, MI 48917. This rate expires on March 1, 2019. To reserve your room now:

Call 877-322-5544 and reference "HCM"

OR

Visit <https://www.crowneplaza.com/lansingwest> utilizing group code "HCM"



### Continuing Education

This year's program will provide participants the opportunity to earn up to 19 nurse contact hours. Additionally, participants may also earn up to 1 hour of "pain education."

HCAM is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



### Target Audience

Directors of Nursing, Assistant Directors of Nursing, Nurse Managers, RNs and LPNs with beginning to intermediate levels of expertise, and advanced nurses who may need a "refresher"

# BOOT CAMP AGENDA

DAY 1 | MARCH 26, 2019

## 01 Leadership: Empowerment & Delegation

Are you new to the DON role? Do you wonder what kind of a leader you are or even if you are a leader? Are you so busy and overwhelmed that you are neglecting your home life? Wondering why you gave up that Nurse Manager position for this one? These are very common questions that DONs ask themselves in their first year and even in their 10th year of being a DON. This presentation walks you through the differences and commonalities of leadership, management and supervision. It also lays the ground work for empowering your staff and allowing you to find a balance in your life due to delegation. Join us for this presentation and learn how you can make this position manageable and maybe even enjoyable!

## 02 The Role of the DON: Part 1

Are you confused as to what to do first? What your priorities should be? What is expected of you regarding the new regulations? This presentation will provide some insight to these and other questions you might have. Come and receive some tools that will assist you in your daily approach to providing quality care for your residents.

## 03 Resident Dignity & Person Centered Care

The new regulations recognize choice, preference, and the exercising of Resident rights in their care and in their long term world. This is a change in perspective from the medical model of care that LTC has lived with for many years. Despite rights always being a part of our regulations, the emphasis has shifted and it is time to look at things with new eyes. This presentation views care from the Resident's perspective and aligns care with this new way of thinking.

## 04 Corporate Compliance & Ethics

CMS requires an active Corporate Compliance and Ethics Committee. It should be on your meeting calendar and functional for Phase III regulatory change. Learn how to create the teams, who should participate, what types of things are reviewed and what the regs require.

## 05 DON Roundtable: Operational Challenges

Do you struggle with operational challenges of finances and turnover and recruitment? Do you feel like these are factors out of the nursing wheelhouse? Learn how to use the language of cost reporting and financial review to YOUR (and your residents!) benefit. Overcome some challenges and implement PIPs for gradual, progressive improvement.

## 06 Regulations & New Survey Process

Understanding the language of the regulations and the emphasis of the new survey process will improve not only survey outcomes but the way resident and patient care is provided.

## 07 QAPI

QAPI is often treated like a "paper compliance" process and is not given the due diligence and respect it deserves. When used effectively, QAPI provides the team an opportunity to collaboratively improve resident and patient outcomes.

## 08 Requirements of Participation (ROP)

Have you ever wondered what the Requirements of Participation are and what they actually mean? Is there a difference between requirements of participation and regulations? This session will help make sense of confusing and cumbersome language as we navigate the ROPs.

## 09 Abuse, Complaints, Plan of Corrections & IDR

Do you struggle with allegation reporting? Completing the investigation? Practical solutions and tips will be provided and then the conversation will be directed toward POCs and IDRs. Save your sanity by having formalized protocols for POCs and IDRs.

# BOOT CAMP

# AGENDA

DAY 2 | MARCH 27, 2019

## 10 Real Life Management 101

As a DON or nurse leader there always seems to be more to do than time allows for. How can you be an effective leader while still getting the job done without sacrificing a home life. This session will address strategies that attendees can use to be an effective leader while getting the job done with work life balance.

## 11 Behavior Management

This presentation will take participants through the process of identifying the root cause of problem behaviors in the LTC setting. It will also provide steps to develop a comprehensive interdisciplinary behavior management program in compliance with state/federal guidelines. Staff development and training resources to sustain an effective program will be discussed.

## 12 Short-term Stay/Rehab Patients vs. LTC Residents

SNFs are experiencing a shift in the demographic population that includes a balance of long-term residents often with advancing dementia, complemented by short term patients admitted for rehabilitation. The service needs and expectations are distinctly different between these two populations and can often be difficult to manage within the operations. Successful management of service delivery begins with an understanding of wants and needs of these two distinct populations.

## 13 The Role of the DON: Part 2

The demands of the DON role continue to mushroom in the current skilled nursing climate. More demands and fewer resources can contribute to burnout and decreasing role satisfaction which may contribute to a decline in health and increase in anxiety. For the DON to successfully lead in today's climate s/he must be able to self-regulate stress with coping mechanisms that contribute to a greater sense of emotional and physical well-being. In this session the Nurse will examine unconscious tendencies expressed during times of stress and practice self-regulating coping strategies.

## 14 DON Roundtable: Surrogate Medical Decision Making

End of life decisions are some of the most important decisions a resident can make. It is vital that this confusing area of law is understood so that residents are given the opportunity to make end of life decisions and that these are carried out. It is also important for facilities to understand who has the authority to make medical treatment decisions as improper decision making can lead to survey citations as well as civil and criminal consequences. This presentation will cover new law regarding guardians and DNR's.

## 15 Documentation: Sword & Shield

Nurse participants will learn about the risks, pitfalls and strategies for ensuring sufficient documentation. Documentation can help providers improve care for residents but it can also be used against them with civil, criminal and regulatory repercussions. Real life examples will help nurse participants learn how to tailor their documentation so that it serves its intended purpose without putting them or the facility at risk.

## 16 Report Overload

Reports galore! Reports from CMS, vendors, EHR's and internal reports can place the nurse leader at risk for citations and litigations. In this presentation, the nurse leader will be able to direct what reports should be used and ones that can be used. It's time to enjoy the information and not run from information!

## 17 Pain Management

Pain management can make or break a resident's impression on your nursing department. In this session the participants will obtain the skills to effectively evaluate their pain management program. Participants will be able to share experiences with the group while learning about the necessary framework. To develop a unique pain management program that is successful and provides improved resident and nurse satisfaction which ultimately can improve public quality reporting.

## 18 Infection Control/Antimicrobial Stewardship

What's next for Infection Control? New Infection Preservationist (IP) for minimal of 20 hours a week, Antibiotic Stewardship Program (ASP) outcome measures and antibiotic time outs too. The participants will be able to sort out these new and "improved" regulations and jump right into action!

# DAILY SCHEDULE

TUESDAY, MAR. 26

| TIME           | PROGRAM/EVENT  | PRESENTER               |
|----------------|--|-------------------------|
| 7:30 am        | <i>Registration Opens</i>  |                         |
| 8:00-9:00 am   | <b>Leadership: Empowerment &amp; Delegation</b>                      | Cindy Fronning          |
| 9:05-10:05 am  | <b>The Role of the DON: Part 1</b>                                   | Cindy Fronning          |
| 10:05-10:20 am | <i>Networking Break</i>  |                         |
| 10:20-11:20 am | <b>Resident Dignity &amp; Person Centered Care</b>                   | Sandy Place             |
| 11:25-12:25 pm | <b>Corporate Compliance &amp; Ethics</b>                             | Sandy Place             |
| 12:30-1:30 pm  | <b>Working Luncheon &amp; DON Roundtable: Operational Challenges</b> | Moderator: Erica Holman |
| 1:35-2:35 pm   | <b>Regulations &amp; New Survey Process</b>                          | Erica Holman            |
| 2:40-3:40 pm   | <b>QAPI</b>  | Erica Holman            |
| 3:40-3:55 pm   | <i>Networking Break</i>  |                         |
| 3:55-4:55 pm   | <b>ROP</b>   | Erica Holman            |
| 4:55-6:00 pm   | <i>Break for dinner on your own</i>                                  |                         |
| 6:00-8:00 pm   | <b>Abuse, Complaints, Plan of Corrections &amp; IDR</b>              | Erica Holman            |

WEDNESDAY, MAR. 27

| TIME           | PROGRAM/EVENT   | PRESENTER                          |
|----------------|---|------------------------------------|
| 7:30 am        | <i>Registration Opens</i>   |                                    |
| 8:00-9:00 am   | <b>Real Life Management 101</b>   | Shari Carson                       |
| 9:05-10:05 am  | <b>Behavior Management</b>  | Jamie Garcia                       |
| 10:05-10:20 am | <i>Networking Break</i>   |                                    |
| 10:20-11:20 am | <b>Short Term Stay/Rehab Patients vs. LTC Residents</b>                 | Stacey Starling                    |
| 11:25-12:25 pm | <b>The Role of the DON: Part 2</b>                                      | Stacey Starling                    |
| 12:30-1:30 pm  | <b>Working Luncheon &amp; DON Roundtable: Surrogate Decision Making</b> | Moderator:<br>Margaret Chamberlain |
| 1:35-2:35 pm   | <b>Documentation: Sword &amp; Shield</b>                                | Margaret Chamberlain               |
| 2:40-3:40 pm   | <b>Report Overload</b>  | Amy Franklin                       |
| 3:40-3:55 pm   | <i>Networking Break</i>   |                                    |
| 3:55-4:55 pm   | <b>Pain Management (Pain CE)</b>  | Amy Franklin                       |
| 5:00-6:00 pm   | <b>Infection Control/Antimicrobial Stewardship</b>                      | Amy Franklin                       |

MI-NADONA/LTC

# RN BOOT CAMP

March 26-27, 2019

Lansing, MI



**\$399**

MI-NADONA/LTC Member Rate  
BEFORE March 1, 2019

**\$450**

MI-NADONA/LTC Member Rate  
AFTER March 1, 2019

**\$520**

Non-Member Rate

## Registration Information

Attendee Name: \_\_\_\_\_

Attendee Title: \_\_\_\_\_

Attendee Email Address: \_\_\_\_\_

Facility/Company Name: \_\_\_\_\_

Facility/Company Address: \_\_\_\_\_

Facility/Company City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Payment Information

Payment Method: \_\_\_\_\_

Visa

Mastercard

American Express

Discover

Check/Money Order

Credit Card Number: \_\_\_\_\_

Expiration: \_\_\_\_\_

Three Digit Security Code: \_\_\_\_\_

Billing Zip Code: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Cardholder Signature & Date: \_\_\_\_\_

## HCAM Registration Policies

### Registration

Please utilize this form to register for the 2019 MI-NADONA/LTC RN Boot Camp. Completed forms should be mailed to HCAM at 7413 Westshire Dr., Lansing, MI 48917 or faxed to (517) 627-3016.

### Event Confirmation

After your registration form has been processed, an event confirmation will be emailed to your attention. Please be sure to include a current email address on this form. If you do not receive a confirmation within 14 business days, please contact Kisti via email at KistiBoatright@hcam.org.

### Cancellation & Refund Policy

All refund requests must be made in writing by e-mail to KistiBoatright@hcam.org. Telephone cancellations will NOT be accepted. Individual registration fees, less a 25% processing fee, will be refunded for cancellations received in writing prior to Feb. 22. Cancellations received after Feb. 22 and no-show registrants, will not receive a refund nor a credit to a future program.

### Substitutions

Individuals registered to attend this program, but unable to participate, may send an alternate in their place. Please contact Kisti at KistiBoatright@hcam.org with the first and last name, title, and facility/company of both the original registrant and the alternate to process this request.

### Dietary Restrictions/Special Accommodations

Individuals with special dietary restrictions, or those who require special accommodations to fully participate in this program, should contact HCAM in writing by e-mail to KistiBoatright@hcam.org at the time of registration, detailing their request or restriction.

### Consent to Use of Photographic Images

Registration and attendance at, or participating in, MI-NADONA/LTC and HCAM events and/or activities constitutes an agreement by the registrant to MI-NADONA/LTC and HCAM's use and distribution (both now and in the future) of the registrant/attendee's image or voice in photographs, videotapes, electronic reproductions and audiotapes of such events.

### Questions

Should you have questions, please contact Kisti by phone at (517) 622-6194 or by email at KistiBoatright@hcam.org.

**To register now, submit this form by fax to (517) 627-3016 or by mail to HCAM, 7413 Westshire Dr, Lansing, MI 48917**

# MEMBERSHIP APPLICATION

*A Membership Organization dedicated to Nurses in the Long Term Care Continuum*

New    Renew

**Please print clearly (use one form per applicant or update renewal notice information)**

**Tell Us About You      *Select all that apply:*    CDONA    FACDONA    CALN    CLPN    GDCN**

First Name

Last Name

Home Address

City

State

Zip

Home Phone

Home Email

## Tell Us About Your Career

**Skilled Nursing**    **Assisted Living**    **Retired**

Corporation

Facility/Community Name

Facility/Community Address

City

State

Zip

County

Facility Phone (please include extension)

Work Email

Title

License# and State Issued

Type of license (RN, LPN, LVN)

## Membership Dues

**PLEASE SUBMIT FEES FOR DUES AS LISTED BELOW**

***If you do not see your state, inquire about beginning a chapter in your state!***

| STATE       | 1 YR  | 2 YR  | STATE         | 1 YR  | 2 YR  | STATE          | 1 YR  | 2 YR  | STATE          | 1 YR  | 2 YR  |
|-------------|-------|-------|---------------|-------|-------|----------------|-------|-------|----------------|-------|-------|
| Alabama     | \$110 | \$195 | Illinois      | \$115 | \$210 | Mississippi    | \$110 | \$195 | Ohio           | \$130 | \$235 |
| Arizona     | \$115 | \$200 | Indiana       | \$115 | \$200 | Missouri       | \$120 | \$210 | Oklahoma       | \$115 | \$210 |
| Arkansas    | \$110 | \$190 | Kansas        | \$115 | \$200 | Montana        | \$110 | \$195 | Pennsylvania   | \$115 | \$205 |
| California  | \$110 | \$200 | Kentucky      | \$115 | \$210 | Nevada         | \$130 | \$235 | South Carolina | \$115 | \$210 |
| Colorado    | \$110 | \$200 | Louisiana     | \$110 | \$200 | New Hampshire  | \$115 | \$200 | Tennessee      | \$115 | \$210 |
| Connecticut | \$115 | \$210 | Maine         | \$110 | \$200 | New Jersey     | \$130 | \$235 | Texas          | \$125 | \$225 |
| Florida     | \$125 | \$230 | Maryland      | \$125 | \$230 | New Mexico     | \$115 | \$210 | Virginia       | \$115 | \$200 |
| Georgia     | \$115 | \$205 | Massachusetts | \$125 | \$215 | New York       | \$120 | \$215 | Washington     | \$115 | \$210 |
| Hawaii      | \$120 | \$220 | Michigan      | \$120 | \$220 | North Carolina | \$115 | \$210 | West Virginia  | \$110 | \$200 |
| Idaho       | \$110 | \$195 | Minnesota     | \$115 | \$210 | North Dakota   | \$125 | \$230 | Wyoming        | \$110 | \$195 |

***For all States not listed, please pay \$90.00 for one year; \$160.00 for two years membership***

## How Would You Like to Pay?

Check Enclosed       Visa       MasterCard       American Express       Discover

Name as it appears on card: \_\_\_\_\_

Billing Address (if different from above) \_\_\_\_\_

Card#: \_\_\_\_\_      Expiration Date: \_\_\_\_/\_\_\_\_

Signature: \_\_\_\_\_

*Contributions or gifts to the National Association of Directors of Nursing Administration in Long Term Care, Inc. are not tax deductible as charitable contributions.*

*However, they may be deductible as ordinary and necessary business expenses.*

Make check or money order payable to: NADONA/LTC, 1329 E. Kemper Road \* Suite 4100A \* Cincinnati, OH 45246

FOR Credit Cards only - fax request to (513) 791-3699

Apply for membership on our website with Visa/Mastercard/American Express/Discover @ [www.nadona.org](http://www.nadona.org)

**Membership question? Call NADONA/LTC toll free 800-222-0539 or Email us at [membership@nadona.org](mailto:membership@nadona.org)**